



Explore America



IN SUPPORT OF



MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

Get ready for a zero-waste, off-the-grid adventure. This volunteer trip is a natural learning experience that places you in the foothills of the Patagonia Mountains in Arizona, where you'll discover the Me to We low-impact, environmentally friendly lifestyle at the Windsong Peace and Leadership Center. With cacti and mountains as your backdrop, you'll learn how surrounding "border towns" address environmental and immigration issues and the hardships each face. Build skills to combat these issues and open your mind to the endless possibilities for change.

14

Estimated service hours

YOUR SERVICE PROJECT THEMES

We work with local non-profits to better understand the needs of each community and then focus projects on those issues. Themes include:

- Environmental sustainability
- Immigration issues
- Food conservation

ARIZONA: A LESSON IN SUSTAINABILITY

6 days, estimated 14 service hours

What to expect on this Service Learning Tour

MEANINGFUL SERVICE

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

Projects include:

- Help with morning chores like collecting eggs and feeding chickens
- Participating in hands-on sustainability and environmental projects with locals
- Tilling and preparing community farm land for seasonal organic crops

COMMUNITY DEVELOPMENT

Live near the communities you serve and learn about local issues.

Activities include:

- Meeting Border Patrol Agents and walking along the border wall
- Dancing with a local Aztec/Mexican dance group
- Attending an interactive presentation on environmental sustainability

LEADERSHIP DEVELOPMENT

Your Me to We Field Director takes your service experience even further, developing and strengthening leadership skills through activities and workshops.

Exercises include:

- Investigating global issues, exploring social justice and building leadership skills
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



Immigration challenges are explained to students by a U.S. Border Patrol member.



Learn sustainable farming techniques with a hands-on farming lesson.



Leadership activities help students return home with the tools needed to make a change in their own communities.



6-DAY ITINERARY

Day 1: Arrive in Arizona

Unpack and settle into life at the Windsong Peace and Leadership Center.

- Tour of Windsong Peace and Leadership Center
- Patagonia Lake hike
- Evening performance of La Danza

Days 2: Sustainability and conservation

Address the intersection of environmental and social justice with hands-on projects that link these two issues together.

- Morning chores
- Windsong service and permaculture project
- Sustainability presentation

Day 3: Living off the Land

Familiarize yourself with a new environment during an outdoor adventure where you'll take part in survival skill-building and environmental sustainability workshops.

- Morning chores
- Ravens-Way outdoor activity

Day 4: Supporting the Community

Spend a day volunteering with multiple Me to We community partners, each with a unique focus on giving back to the world.

- Morning chores
- Explore Deep Dirt Farm and participate in an environmental service project
- Explore downtown Patagonia
- Free time at Windsong

Day 5: Service in Action

Break down immigration and migrant stereotypes and walk along the wall that divides us.

- Morning chores
- Travel to Nogales, Arizona
- Visit Mexicayotl Academy
- Border Patrol visit and discussion
- Ideas into action workshop

Day 6: Depart for Home

Say goodbye to Windsong but leave with the resources and understanding to make a positive and lasting change in your own communities.

- Leave for home



LOCAL INSIGHT AND SUPPORT

Your Me to We Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



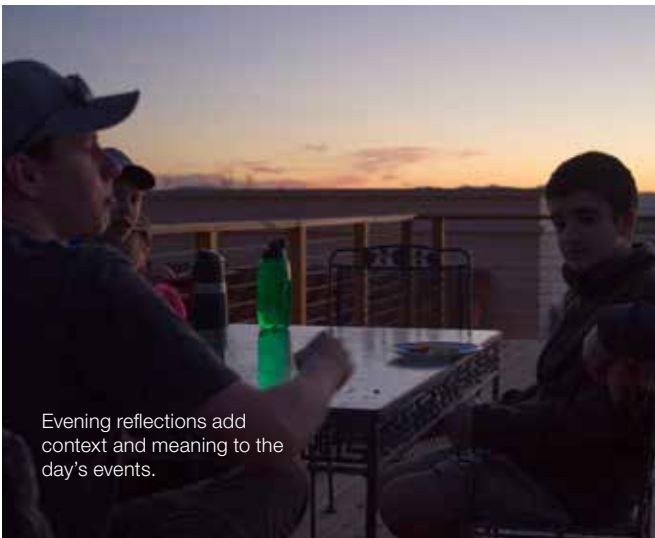
Everything you get: 5 overnights at the Windsong Peace and Leadership Center; Round-trip flights on major carriers; Daily breakfast, lunch and dinner plus filtered water, tea and snacks; Local ground transportation; Full-time Me to We Field Director; Sustainable service projects with Free The Children; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees



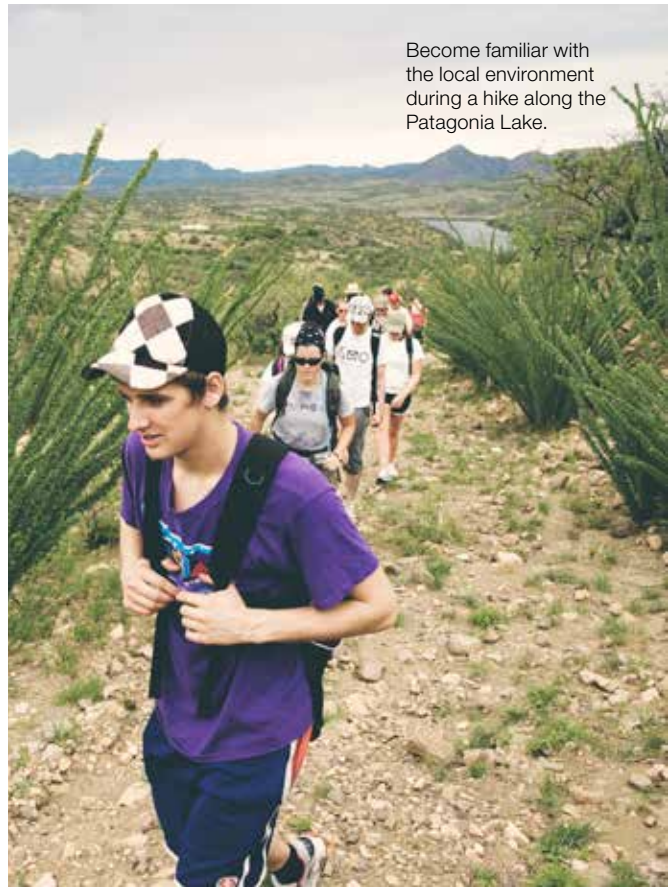
This free-range chicken gives one student a new perspective on the meaning of "farm fresh."



A panoramic view of the Patagonia region from the Windsong Peace and Leadership Center.



Evening reflections add context and meaning to the day's events.



Become familiar with the local environment during a hike along the Patagonia Lake.

Your partners in global education

EF EDUCATION FIRST

For nearly 50 years, EF has worked with educators across the world to help millions of students become global citizens by breaking down barriers of language, culture and geography. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day.

ME TO WE

ME to WE is an innovative social enterprise that provides people with better choices for a better world. It measures the bottom line—not by dollars earned, but by the number of lives changed and the positive social and environmental impact made. Half of ME to WE's annual net profit is donated to the Free The Children charity, and the remainder is reinvested to further the social mission of their enterprise.

START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit efexploreamerica.com/enroll or call 800-503-2323