



Explore America



IN SUPPORT OF



ARIZONA: CROSS-CULTURAL PERSPECTIVES

6 days

MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

Get ready for a zero-waste, off-the-grid adventure. This volunteer trip is a natural learning experience that places you in the foothills of the Patagonia Mountains in Arizona, where you'll discover the Me to We low-impact, environmentally friendly lifestyle at the Windsong Peace and Leadership Center. Head to the border and talk with Border Patrol Agents, Mexican-American students and leaders of the community to get a cross-cultural perspective on immigration and the impact that stereotypes have played in the U.S. Work with community centers to help increase awareness back home and prevent these myths from spreading.

14

Estimated service hours

YOUR SERVICE PROJECT THEMES

We work with local non-profits to better understand the needs of each community and then focus projects on those issues. Themes include:

- Immigration issues
- Conservation
- Food sustainability

# ARIZONA: CROSS-CULTURAL PERSPECTIVES

6 days, estimated 14 service hours

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## What to expect on this Service Learning Tour

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### MEANINGFUL SERVICE

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

#### Projects include:

- Help with morning chores like collecting eggs and feeding chickens
- Participating in hands-on sustainability and environmental projects with locals
- Tilling and preparing community farm land for seasonal organic crops

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### COMMUNITY DEVELOPMENT

Live near the communities you serve and learn about local issues.

#### Activities include:

- Meeting with Border Patrol Agents and walking along the border wall
- Working with local farmers and producers at the Nogales Mercado farmers market
- Attending an interactive presentation on environmental and social justice

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### LEADERSHIP DEVELOPMENT

Your Me to We Field Director takes your service experience even further, developing and strengthening leadership skills through activities and workshops.

#### Exercises include:

- Investigating global issues, exploring social justice and building leadership skills
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



Immigration challenges are explained to students by a U.S. Border Patrol member.





Leadership activities help students return home with the tools needed to make a change in their own communities.



Become familiar with the local environment during a hike along the Patagonia Lake.

## 6-DAY ITINERARY

### Day 1: Arrive in Arizona

Unpack and settle into life at the Windsong Peace and Leadership Center.

- Tour of Windsong Peace and Leadership Center
- Patagonia Lake hike
- Evening module and introduction to leadership programming

### Days 2: A day of discovery

Experience the realities of the border wall that thousands of migrants cross every day and assist those who've been affected.

- Morning chores
- Desert hike
- Environmental and social justice presentation

### Day 3: Working toward change

Spend the day volunteering and giving back to the community and learn the tools necessary to make an impact back home.

- Morning chores
- Volunteer activity (ex. Native Seeds/SEARCH Conservation Farm)
- Explore Deep Dirt Farm and participate in an environmental service project

### Day 4: Changing perspectives

Head to the border and visit a fully bilingual school to get the perspective of youth growing up in "Mex-America".

- Morning chores
- Travel to Nogales, Arizona
- Visit Mexicayotl Academy
- Border Patrol visit and discussion
- Evening performance of La Danza

### Day 5: Permaculture 101 and Action Planning

Spend your last full day learning about permaculture and collaborating with your peers to create a plan of action for positively impacting your home community.

- Morning chores
- Windsong service and permaculture project
- Ideas into action workshop

### Day 6: Depart for home

Say goodbye to Windsong but leave with the resources and understanding to make a positive and lasting change in your own communities.

- Return home



## LOCAL INSIGHT AND SUPPORT

Your Me to We Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

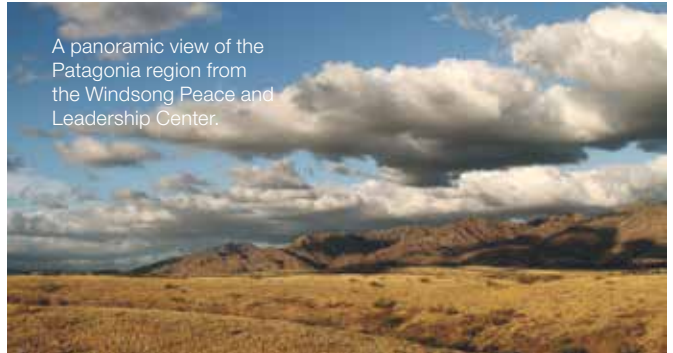
- Lead skill-building workshops and meaningful group reflections
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



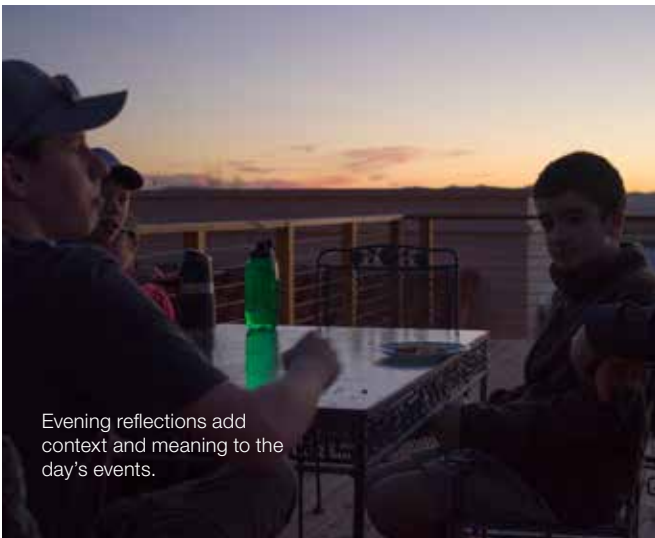
**Everything you get:** 5 overnights at the Windsong Peace and Leadership Center; Round-trip flights on major carriers; Daily breakfast, lunch and dinner plus filtered water, tea and snacks; Local ground transportation; Full-time Me to We Field Director; Sustainable service projects with Free The Children; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees



This free-range chicken gives one student a new perspective on the meaning of "farm fresh."



A panoramic view of the Patagonia region from the Windsong Peace and Leadership Center.



Evening reflections add context and meaning to the day's events.



Learn sustainable farming techniques with a hands-on farming lesson.

## *Your partners in global education*

### **EF EDUCATION FIRST**

For nearly 50 years, EF has worked with educators across the world to help millions of students become global citizens by breaking down barriers of language, culture and geography. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day.

### **ME TO WE**

ME to WE is an innovative social enterprise that provides people with better choices for a better world. It measures the bottom line—not by dollars earned, but by the number of lives changed and the positive social and environmental impact made. Half of ME to WE's annual net profit is donated to the Free The Children charity, and the remainder is reinvested to further the social mission of their enterprise.

### **START PLANNING**

To enroll on this tour, ask your teacher for the tour number and visit [efexploreamerica.com/enroll](http://efexploreamerica.com/enroll) or call 800-503-2323