



Explore America



IN SUPPORT OF



MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

Get ready for a zero-waste, off-the-grid adventure. This volunteer trip is a natural learning experience that places you in the foothills of the Patagonia Mountains in Arizona, where ecological sustainability remains a vital issue. Explore the Me to We low-impact, environmentally friendly lifestyle at the Windsong Peace and Leadership Center and experience the difficulties being faced by communities in the region. You'll learn important skills needed for land conservation and return home with knowledge to create a positive impact on the world and in your own community.

14

Estimated service hours

We work with local non-profits to better understand the needs of each community and then focus projects on those issues. Themes include:

- Environmental sustainability
- Land conservation
- Food sustainability

ARIZONA: AN ECOLOGICAL DISCOVERY

6 days, estimated 14 service hours

What to expect on this Service Learning Tour

MEANINGFUL SERVICE

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

Projects include:

- Help with morning chores like collecting eggs and feeding chickens
- Participating in hands-on sustainability and environmental projects with locals
- Tilling and preparing community farm land for seasonal organic crops

COMMUNITY DEVELOPMENT

Live near the communities you serve and learn about local issues.

Activities include:

- Participating in wilderness survival and outdoor trekking excursions
- Attending an interactive presentation on environmental sustainability
- Learn about the night sky in a stargazing lesson from locals

LEADERSHIP DEVELOPMENT

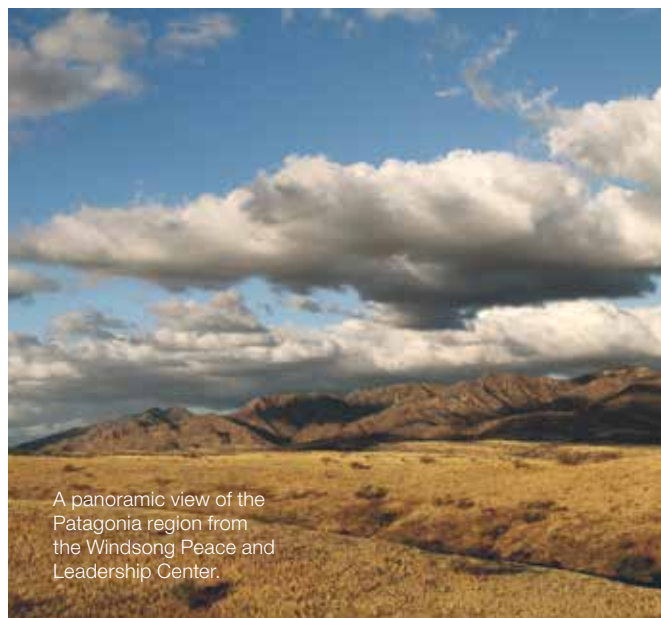
Your Me to We Field Director takes your service experience even further, developing and strengthening leadership skills through activities and workshops.

Exercises include:

- Investigating global issues, exploring social justice and building leadership skills
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



A local survival expert shows a young student good plants to eat vs. bad during wilderness survival training.



A panoramic view of the Patagonia region from the Windsong Peace and Leadership Center.





Leadership activities help students return home with the tools needed to make a change in their own communities.



Wilderness survival training teaches this student how to make a rope out of natural materials in the environment

6-DAY ITINERARY

Day 1: Arrive in Arizona

Unpack and settle into life at the Windsong Peace and Leadership Center.

- Tour the Windsong Peace and Leadership Center
- Patagonia Lake hike
- Evening module and introduction to leadership programming

Days 2: Sustainability and conservation

Address the intersection of environmental and social justice with hands-on projects that link these two issues together.

- Morning chores
- Windsong service and permaculture project
- Sustainability presentation

Day 3: Living off the land

Familiarize yourself with a new environment during an outdoor adventure where you'll take part in survival skill-building and environmental sustainability workshops.

- Morning chores
- Ravens-Way outdoor activity
- Astrology presentation

Day 4: Supporting the community

Spend a day volunteering with multiple Me to We community partners, each with a unique focus on giving back to the world.

- Morning chores
- Explore Deep Dirt Farm and participate in an environmental service project
- Explore downtown Patagonia
- Free time at Windsong

Day 5: Volunteer Activity and Action Planning

Spend your last full day volunteering with local NGOs and collaborating with your peers to create a plan of action for positively impacting your home community.

- Morning chores

- Volunteer activity (ex. Native Seeds/SEARCH Conservation Farm)
- Ideas into action workshop
- Evening performance of La Danza

Day 6: Depart for Home

- Say goodbye to Windsong but leave with the resources and understanding to make a positive and lasting change in your own communities.
- Leave for home



LOCAL INSIGHT AND SUPPORT

Your Me to We Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



Everything you get: 5 overnights at the Windsong Peace and Leadership Center; Round-trip flights on major carriers; Daily breakfast, lunch and dinner plus filtered water, tea and snacks; Local ground transportation; Full-time Me to We Field Director; Sustainable service projects with Free The Children; Service hours that count towards academic credit; Ravens-Way Desert Survival Skill Building Workshop; Sightseeing tours led by expert guides; Entrance fees



This free-range chicken gives one student a new perspective on the meaning of "farm fresh."



Evening reflections add context and meaning to the day's events.

Your partners in global education

EF EDUCATION FIRST

For nearly 50 years, EF has worked with educators across the world to help millions of students become global citizens by breaking down barriers of language, culture and geography. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day.

ME TO WE

ME to WE is an innovative social enterprise that provides people with better choices for a better world. It measures the bottom line—not by dollars earned, but by the number of lives changed and the positive social and environmental impact made. Half of ME to WE's annual net profit is donated to the Free The Children charity, and the remainder is reinvested to further the social mission of their enterprise.

START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit efexploreamerica.com/enroll or call 800-503-2323